

## Volunteer Role Description

Title	Volunteer Counsellor
Volunteer Lead	Community Engagement Coordinator and Counselling Supervisor
Location	Cornwall
Time Commitment	Flexible hours between 9am – 5pm, Monday to Friday

### Role summary

This is an exciting opportunity to provide counselling for individuals who are directly and indirectly affected by alcohol and substance use. Under the supervision of the Counselling Lead you will help individuals to work through their concerns and assist them with deciding on an appropriate course of action.

**To be considered for this role you must fall within 1 of the 2 groups highlighted below**

#### **Counselling students:**

Completing mandatory counselling hours as part of a level 2 or above counselling qualification. Engaging with the Counselling Supervisor and completing reports and paperwork.

#### **Qualified counsellors:**

Offering counselling to Clients and taking part in supervision with the Counselling Supervisor.

### What will you be doing?

- To undertake counselling interventions, adhering to With You and BACP guidelines, on a one-to-one basis with clients
- To deliver interventions face-to-face, by telephone or via video conferencing
- To ensure that case notes are taken for each session and are input to the local data management system in line with We are With You's policies and procedures
- Receiving referrals that are assigned by the Counselling Supervisor and ensuring you have all appropriate information from appropriate members of staff
- Making contact with clients and arranging meeting appointments and times

- Booking venues/rooms for counselling sessions
- Raising any potential safeguarding concerns with appropriate members of staff
- Providing session feedback and appropriate information to Counselling Supervisor and Recovery Workers
- Understand and follow BACP ethical frameworks and codes of practice.

## The skills you will need?

- Ability to work with people in a non-judgmental and solution-focused way
- Able to work independently and as part of a team
- Understand the challenges faced by the people using our services
- Ability to manage time effectively
- Basic IT literacy
- Good written and spoken communication skills
- Ability to respect and maintain confidentiality
- To develop firm boundaries to ensure a positive therapeutic experience

## What's in it for you?

- Access to relevant training throughout your time with us
- Opportunity to gain valuable experience to enhance your CV
- Opportunity to be part of a team that makes a real difference in people's lives
- Support at every stage of your journey as a volunteer, including an assigned member of staff for supervision and development
- Reimbursement of out of pocket expenses, in accordance with our volunteer expenses policy
- An opportunity to feedback about your experience of volunteering with us

Please note that we require you to be a minimum of 18 years of age to be considered for this volunteering role

This role is subject to DBS (Disclosure & Barring Service) check at an Enhanced Level

