

Infant Feeding Peer Support Volunteer Role Description

Department:	Norfolk Healthy Child Services
Volunteer role title:	Infant Feeding Peer Support Volunteer
Location:	Community venues in Norfolk
Times available:	Flexible - according to timing of group sessions
Purpose:	<p>To provide infant feeding support and information to parents and expectant parents. This includes all forms of infant feeding across the 0-2 age range.</p> <p>This role is part of the Start for Life Family Hubs programme of work which recognises the value of parent to parent / peer support in the first 1001 days of life.</p>
Volunteer activities:	<p>Volunteer at least twice a month to complement the work of the 0-19 team and Infant Feeding team, providing infant feeding peer support in community groups and venues across the Norfolk Healthy Child Services.</p> <p>Volunteer alongside staff from the Early Childhood and Family Service (ECFS), Family Hubs and Maternity teams to promote breastfeeding/chestfeeding & support all infant feeding parents, including those who are formula feeding, mixed feeding and introducing or feeding solid foods. All feeding support will be provided with a responsive infant feeding approach.</p> <p>Offer parents emotional and practical support with feeding their babies, using active listening skills to hear what the parent is saying and enable them to make informed choices.</p> <p>Help to normalise breastfeeding/chestfeeding within the local community/society.</p> <p>Signpost parents to other sources of support, such as the Infant Feeding Team, Just One Number and Start 4 Life resources.</p> <p>Recognise their boundaries and ask for help from the Norfolk Healthy Child Service Infant Feeding Team, Early Childhood and Family Service (ECFS), Family Hubs and Maternity teams where advice and guidance is needed.</p> <p>Attend training, supervision and relevant meetings as agreed with the Infant Feeding Peer Support Co-ordinator.</p>

	<p>Volunteers are required to: Undergo recruitment checks in line with NHS Employers recommendations. Volunteer in a safe and non-discriminatory way. Follow the Trust policies and procedures. Maintain confidential information.</p>
<p>Training and support:</p>	<p>Volunteers will be required to attend the 2 day Breastfeeding Management and Relationship Building training and complete all associated clinical practice exercises and assessments and any additional training that is identified as essential to the role.</p> <p>They will be supported by the Infant Feeding Peer Support Co-ordinators within the Infant Feeding Team to carry out their role.</p> <p>The Volunteer Team will support with required recruitment checks and provide ongoing support as needed to the peer support volunteer and the Infant Feeding Team.</p> <p>In line with the Trust Policy all volunteers are required to complete mandatory training every year.</p> <p>Volunteers will be covered by our public liability insurance to carry out the activities on this role description.</p>
<p>Other information:</p>	<p>Peer Support Volunteers need to have parented their own child and demonstrate a positive and non-judgemental attitude towards all methods of infant feeding.</p> <p>Volunteers need to be able to travel to community groups and venues. Reasonable out of pocket expenses for travel will be reimbursed by the Trust.</p> <p>Minimum commitment required to be 2 hours twice per month.</p> <p>Volunteers for this role should be over 18 years of age.</p> <p>We ask for a minimum of 6 months volunteering commitment after recruitment has been completed.</p> <p>Volunteers will require an enhanced DBS check for this role which will be undertaken at no cost to the volunteer.</p> <p>Volunteers will be provided with an ID badge to wear at all times when volunteering.</p>