NHS
East of England
Community Health and Care
NHS Trust

Children's Physiotherapy Volunteer Role Description

Department:	**Cambridgeshire Children and Young People's (CYP) Physiotherapy Service**
Volunteer role title:	**Children's Physiotherapy Volunteer**
Location:	**Peacock Centre, Brookfields Hospital, 351 Mill Road, Cambridge, CB1 3UG** **Princess of Wales Hospital, Lynn Rd, ELY CB6 1DN**
Times available:	**Peacock Centre:** **Wednesdays - 8:30am-12:00pm or 1:00pm-5:00pm** (orthotics & outcome clinics). **Fridays - 8:30am-12:00pm** (group session focusing on strength, balance & co-ordination). **Princess of Wales Hospital:** **Mondays - 8:30am-12:00pm** **Thursdays - 1:00pm–5:00pm**
Purpose:	Physiotherapy can help children and young people to move better, so they can be more independent and have a better quality of life. Our Children's Physiotherapy Service provides physiotherapy for children and young people in Cambridgeshire with neurodevelopmental difficulties affecting how they move. This volunteer role will support the Children's Physiotherapy Service by helping with group/individual sessions, welcoming participants, encouraging young people to carry out their prescribed exercises, gaining feedback about the service provided, and assisting with administration tasks.
Volunteer activities:	Help at face-to-face group/individual sessions: Putting out/clearing away toys/equipment for the session. Supporting with infection control measures such as cleaning toys/equipment before and after sessions. Welcoming participants and their families.

	Providing help and encouragement during sessions to participants and their families. Collect/encourage feedback about the service provided. Report feedback or concerns to the Children's Physiotherapy Service. Assist the Children's Physiotherapy Service with admin tasks such as preparing leaflet packs, updating display boards or making telephone calls to remind families of their upcoming appointments. **Volunteers are required to:** Undergo recruitment checks in line with NHS Employers recommendations. Volunteer in a safe and non-discriminatory way. Follow the Trust policies and procedures. Maintain confidential information.
Training and support:	The Volunteer Team will complete required recruitment checks and provide ongoing support as needed to the volunteer and the CYP Physiotherapy Service. In line with the Trust Policy, volunteers are required to complete mandatory training every year. Volunteers will be supported in their role by the CYP Physiotherapy Service. The CYP Physiotherapy Team will provide any additional training required to support individual tasks in the role, e.g groups – Pilates, Pre-Gym, Balance/Co-ordination, Developmental Delay. Volunteers will be covered by our public liability insurance to carry out the activities on this role description.
Other information:	Average commitment expected to be 3-4 hours per session – flexible according to the needs of the service and availability of the volunteer. The service would like volunteers to be available for the beginning and end of session times to assist the service in setting up / clearing away equipment.

	Volunteers for this role should be over 17 years of age. We ask for a minimum of 6 months volunteering commitment once recruitment checks have been completed. Reasonable out of pocket expenses (such as travel) can be reimbursed by the Trust. Volunteers will require an Enhanced DBS check with Children's Barred List Information for this role, this will be undertaken at no cost to the volunteer. Volunteers will be provided with an ID badge to wear at all times when volunteering.