SCSB Practicum Information

Practicum Requirements and Expectations for all Student Trainees:

- Must be **Master** Level students
    - MFT, PCC, MSW
- **10–12-month** commitment requirement for all practicum students as we have seen this works best in supporting our students obtained their hours.
- Students are on-site between **20-25 hours weekly** with primarily evening schedules as this timeframe works best for the population we serve.
    - Students must be on-site minimum 3 days
    - **SBCS is NOT open on weekends.**
    - **Example Schedule:**
        - Monday 12pm-7:30pm
        - Wednesday 2pm-7:30pm
        - Thursday 2pm-7:30pm
        - Friday 12pm-4pm
- Students must be available to facilitate group therapy on Thursday evenings from 6pm-7:30pm.
- We have **two** cohorts every year: Cohort #1 starts the 1st week of May and Cohort #2 starts the 1st week of August.
- **We hold our interviews in February-March**.
- Configuration of Treatment: Individual Therapy, Family Therapy, and Group Therapy
- We provide training in Motivational Interviewing (CEUs available), Trauma Focused – Cognitive Behavioral Therapy (CEUs available), Trauma-Informed Care, and Crisis Intervention and De-Escalation.
- Students will participate and complete a 40-hour Domestic Violence Certification.

Trainings

Students must be available to attend a week of onboarding events and trainings their first week of practicum.

Caseloads

Students carry a caseload of 10-15 clients.

Supervision

Students receive 1 individual supervision weekly, and 1 group supervision weekly.

Time Off

Students are given a 2-week break during the December holidays. For 2026, the break will be from December 21 – January 1.

- Vacation time is not encouraged due to the consistency of client care. If you have any time, you would not be available for practicum, please let us know during your interview.

Practicum Process

1. Complete application through our website's Volunteer tab
2. SBCS Practicum Coordinator will reach out to confirm application was received and schedule an interview
3. Practicum Interview
4. SBCS will notify you by end of March- early April at the latest regarding placement

If you meet the requirements above, please complete the application on our website **https://sbcssandiego.org/volunteer/**. Please note that our application will open in December 2025.

If you have any additional questions, please contact me.

Thank you!