Food Warehouse Packing & Distribution Volunteers Needed!

Volunteer Opportunity Code: #5000-2

If you have the desire to help others, strong interpersonal skills and enjoy working in collaboration with other volunteers to help support community members in need, then join us for this volunteer opportunity!

Organizational Overview:

SBCS (formerly South Bay Community Services) transforms communities to support the well-being and prosperity of children, youth, and families. For more than 50 years, we've worked throughout San Diego to provide safe shelter, transitional housing, intervention prevention programs, mental health support, and many other services that meet the ever-changing needs of our communities.

Program & Volunteer Overview:

SBCS offers healthy food distribution monthly at local schools in Chula Vista.

To support this program, we are looking for **4-6 volunteers (4-hour commitment from 9 a.m. – 1 p.m.)** who will meet at the National City Family Resource Center to inspect, sort and process incoming food donations (grains, rice, oats, pasta, and canned goods.) This is the Emergency Food Packing portion of the food distribution program.
Volunteers will unpack and pack boxes to create approximately 700 bags to ship to the various school sites where food is distributed.

One volunteer per shift is also needed to assist in the distribution of food **Tuesdays-Thursdays** from **8 a.m.-12 p.m.**

Distribution volunteers will:

- Help community members - who are unable to carry groceries – load groceries into their vehicle.
- Provide support at the check-in table.

Requirements:
Some volunteer opportunities require certain clearances.

Accessibility Accommodation
SBCS is committed to providing access, equal opportunity and reasonable accommodation.

Physical Demands:

- Ability to lift, push and pull up to 20 pounds repetitively and safely.
- Ability to transport boxes/objects from 10 to 20 lbs. across the school site.
- Ability to walk and stand on hard surfaces for up to 2 hours at a time.
- Ability to bend, reach, and grasp food items.

If you are interested in this volunteer opportunities, submit your contact information by clicking on this link: Volunteer Application