



## 2019 Aquatics Volunteer Opportunities

### Volunteering at DBAC!

We offer two positions for volunteers ages 12 and up at the Dolores Bengtson Aquatic Center located at 4455 Black Ave; being a Swim Lesson Aide and Jr. Lifeguarding. Volunteers are able to sign up for shifts of their choosing and track their own hours through BetterImpact. For any questions or concerns regarding how to register or operate BetterImpact, please contact Russell Meglio at 925-931-5356

Volunteers **MUST** complete the following:

1. Take a Jr. Lifeguard Program (must have basic swimming skills to participate)
2. Fill out and turn in the attached Aquatics Volunteer Information Sheet
3. Sign up and apply on <http://bttr.im/qm20b> starting April 1, 2019.
4. Get fingerprinted through the City of Pleasanton
5. Attend a Volunteer Orientation date held the first week of summer

### Jr. Lifeguard Training Program Options for 2019:

Course Codes	Dates	Times	Fees
11949	Monday April 1 – Friday April 5 <i>(Open for registration January 16)</i>	9am – 4pm	\$108R/\$118NR
13400	Monday June 10 – Friday June 14 <i>(Open for summer registration on April 3)</i>	9am – 4pm	\$108R/\$118NR
13401	Monday July 8 – Friday July 12 <i>(Open for summer registration on April 3)</i>	9am – 4pm	\$108R/\$118NR

To register go to [www.pleasantonfun.com](http://www.pleasantonfun.com).

### About Our Positions:

#### Junior Lifeguards

Aquatics volunteers have the option to be a Junior Lifeguard. Junior lifeguards learn basic lifesaving techniques through the Junior Lifeguard Training Program. These shifts will have volunteers assisting lifeguards by shadow guarding small areas of the pools during recreation swim hours and assisting lifeguards in various capacities. Junior Guards are **NOT** responsible for making rescues as they are not American Red Cross lifeguards and do not receive a certification upon completing the Junior Guard Training Program. However, they can assist during a rescue and with crowd control in the event of an emergency. Junior Lifeguards will learn the importance of being on a lifeguard team, how lifeguard rotations work, as well as crucial job skills such as dependability, responsibility, and communication. This position is great for volunteers who would like to become lifeguards once they are of age (15 years old). Junior Lifeguards are also encouraged to join our staff for training. We will have staff training the week of June 3-7, June 21, July 12, July 19 and August 2.





**Schedules**

There are 3 volunteer shifts for Junior Guards per day assigned when we have recreational swim offered. The volunteers will be assigned to a small rotation that they will follow throughout their shift.

*Recreational Swim Times are:*

Sat/Sun 5/25 – 9/1 1:00-5:00pm Holidays 5/27, 7/4, 9/2 1:00-5:00pm  
M-F 6/10 – 8/9 1:30-4:45pm

**Swim Lesson Aides**

Aquatics volunteers have the option of being an aide for our swim lesson program. When signing up to be a swim lesson aide, volunteers should sign up for the entire session. These volunteer shifts are created to be a 2 week commitment in order to create a consistent learning environment for the children enrolled because they benefit from having the same teachers and aides. Volunteers will learn various methods of teaching a multitude of swimming skills, and the importance of class management. This position is great for volunteers who wish to become Water Safety Instructors when they become of age (16 years old).

**Schedules**

There will be 6 volunteer slots available for Swim Lesson Aides during each session’s lessons. Meaning for each session, there will be 6 slots for morning lessons, 6 slots for evening lessons, and 6 slots for Saturday lessons. Morning classes run Monday – Friday the 1<sup>st</sup> week and Monday – Thursday the 2<sup>nd</sup> week. Evening classes run Monday – Thursday both weeks. Saturday morning classes run every Saturday. Aides will be paired up with a teacher for each session they help with. The Summer 2019 sessions are as follows:

	<u>Morning</u>	<u>Evening</u>	<u>Saturdays</u>
<u>Session 1</u>	6/10-6/20 9:15am – 1:00pm	6/10-6/20 5:00 pm – 8:00pm	6/8-7/13 (no class 6/22 & 7/7) 9:15am – 12:00pm
<u>Session 2</u>	6/24-7/3 (no class 7/4) 9:15am – 1:00pm	6/24-7/3 (no class 7/4) 5:00 pm – 8:00pm	
<u>Session 3</u>	7/8-7/18 9:15am – 1:00pm	7/8-7/18 5:00 pm – 8:00pm	7/20-8/10 9:15am-12:00pm
<u>Session 4</u>	7/22-8/1 9:15am – 1:00pm	7/22-8/1 5:00 pm – 8:00pm	

Volunteers will use BetterImpact.com to pick up shifts for both Jr. Lifeguarding and for swim lessons. Shift times can be adjusted. Adjustments can be communicated to the Volunteer Coordinator or Assistant Pool Manager on duty.

**Fingerprinting:**

Once we have your Volunteer Application and you have been accepted through BetterImpact, you will receive an email to both the volunteer and parent/guardian to set up a time to have the volunteer fingerprinted at the Pleasanton Police Station; 4833 Bernal Ave, Pleasanton, CA 94566. Fingerprinting takes about 15-20 minutes and is paid for by the City of Pleasanton.

**For questions or concerns please contact Recreation Coordinator Russell Meglio at 925-931-5356 or [rmeglio@cityofpleasantonca.gov](mailto:rmeglio@cityofpleasantonca.gov)**





2019 Aquatics Volunteer Information

Volunteer's Name: \_\_\_\_\_ Date: \_\_\_\_\_

Email: \_\_\_\_\_ Phone # \_\_\_\_\_ Birth Date: \_\_\_\_\_

Do You Have Any Allergies? Yes No If Yes, Please List: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_ Email: \_\_\_\_\_

Parent/Guardian Phone # \_\_\_\_\_ 2nd Phone # \_\_\_\_\_

Please Circle One: Returning Volunteer New Volunteer

Position(s) Interested in: Swim Lesson Aide Jr. Lifeguard

Orientation Date You Can Make: Tues 6/4 1-2 p.m. Thurs 6/6 1-2 p.m.

Have You Taken the Jr. Guard Program? Yes No (If yes, you do not have to take it again. If No, circle which program dates you will be attending) April 1-5 June 10-14 July 8-12

Swim Lesson Aides Schedules

Please circle the dates you are available to volunteer as a Swim Lesson Aide. You can also pick up the session on BetterImpact.com. Please keep in mind we would like you to be available for all or most of the days of an entire session.

Table with 4 columns: Session, Morning, Evening, Saturdays. Rows include Session 1, 2, 3, and 4 with their respective dates and times.

Jr. Lifeguard Schedules

Recreational Swim Times are Saturdays & Sundays 5/25 - 9/1 from 1:00-5:00pm, M-F 6/10 - 8/9 from 1:30-4:45pm, & Holidays 5/27, 7/4, 9/2 1:00-5:00pm.

To Jr. Lifeguard during a Recreational Swim time please pick up shifts on BetterImpact.com.

Junior Guard Signature Printed Name Date

Parent Signature Printed Name Date

Turn information sheet in to Russell Meglio at rmeglio@cityofpleasantonca.gov or drop it off for him at the Dolores Bengtson Aquatic Center front desk; 4455 Black Ave.

