



## 2023 Aquatics Volunteer Opportunities

### Volunteering at DBAC!

We offer two positions for volunteers ages 12 and up – Junior Swim Instructor and Junior Lifeguard - at the Dolores Bengtson Aquatic Center located at 4455 Black Ave. Volunteers can sign up for shifts of their choosing and track their own hours through an online system called BetterImpact.

In order to volunteer, you **MUST** complete the following:

1. Fill out an application to be a volunteer via the QR code or on <http://btrr.im/t6t45> starting March 31, 2023.
  - a. For Junior Guards: you must register for (and participate in) the American Red Cross Junior Lifeguarding Program. Jr Instructors do not have to take this course.
2. Use the QR code or [click here](#) to sign up for one of the two Volunteer Orientations.
3. Use the QR code or [click here](#) to schedule your Live Scan fingerprinting appointment.

Fill out an application to be a volunteer:



Volunteer Orientation:



Live Scan appointments:



### **Volunteer Orientations:**

***Both Jr Lifeguards and Jr Swim Instructors must attend one of the two dates.***

Volunteer Orientation Dates	Times
Wednesday, May 17 <sup>th</sup>	4pm – 5pm
Thursday, May 25 <sup>th</sup>	4pm – 5pm

### **Fingerprinting:**

Once you have been accepted through BetterImpact, volunteers will need to sign up for a fingerprinting appointment. Fingerprinting takes about 10-20 minutes and is paid for by the City of Pleasanton. You can sign up using this link or QR code.

*When it's time for your appointment please come knowing your social security number and bring a valid, original form of one of the following:*

*California DMV ID Card \* Passport \* Alien Registration/Immigration Green Card \* Military ID Card \* Mexican Consulate ID*

*If you don't have one of these forms of identification, you must bring an original birth certificate (no copies or pictures).*

Fingerprinting Dates	Times	Location
Thursday, April 13 <sup>th</sup>	3:30pm-4:30pm	Amador Recreation Center (behind DBAC)
Friday, May 12 <sup>th</sup>	3:30pm-4:30pm	Cultural Arts Building (next to DBAC)





## About Our Positions

### Junior Lifeguards

Aquatics volunteers have the option to be a Junior Lifeguard. To volunteer as a Junior Lifeguard, you **must** take the American Red Cross Junior Lifeguarding program (dates below). Junior lifeguards will learn basic lifesaving techniques. Once a Junior Guard, volunteers will assist lifeguards by shadow guarding small areas of the pools during recreation swim hours and assist lifeguards in various capacities. Junior Guards are **NOT** responsible for making rescues as they are not American Red Cross Lifeguards and do not receive a certification upon completing the Junior Guard Training Program. However, they can assist during a rescue and with crowd control in the event of an emergency. Junior Lifeguards will learn the importance of being on a lifeguard team, how lifeguard rotations work, as well as crucial job skills such as dependability, responsibility, and communication. This position is great for volunteers who would like to become lifeguards once they are of age (15 years old). Junior Lifeguards are also encouraged to join our staff for training throughout the summer. Dates and times will be posted on BetterImpact.

#### Shifts for Junior Guards

There are 3 volunteer slots for Junior Guards per day, assigned when we have recreational swim offered. The volunteers will be assigned to a small rotation that they will follow throughout their shift, if there are enough Jr Guards available for the shift. Otherwise, they will shadow one of our Senior Lifeguards.

*Recreational Swim Times are:*

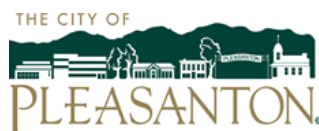
Mon/Tues/Wed/Thurs	6/12 - 8/3	1:00-3:30pm
Friday	6/10 - 8/4	1:00-5:00pm
Sat/Sun	5/27-5/29, 6/13 - 9/3	1:00-5:00pm
Holidays	5/29, 7/4, 9/4	1:00-5:00pm

Volunteers will use BetterImpact.com to pick up shifts for both Jr. Lifeguarding and for Jr Swim Instructors. Shift times can be adjusted. Adjustments can be communicated to the Volunteer Coordinator or Assistant Pool Manager on duty.

### Jr. Lifeguard Training Program:

**Registration is required.** To register go to [www.pleasantonfun.com](http://www.pleasantonfun.com).

Course Codes	Dates	Times	Fees
7474	Monday June 26 – Friday June 30 (Open for summer registration on April 5)	9am – 3pm	\$118 Resident \$128 Non-Resident





## Junior Swim Instructors

Aquatics volunteers have the option of being an aide for our swim lesson program. When signing up to be a Junior Swim Instructor, volunteers should sign up for the entire session if possible; for example, the entire Session 1 morning shift. These volunteer shifts are created to be a 2 week commitment in order to create a consistent learning environment for the children enrolled because they benefit from having the same teachers and aides. Volunteers will learn various methods of teaching a multitude of swimming skills, and the importance of class management. This position is great for volunteers who wish to become Water Safety Instructors when they become of age (16 years old).

### Shifts for Junior Instructors

There will be 6 volunteer slots available for Jr. Swim Instructors during the Morning and Evening sessions' lessons. Morning and evening classes run Monday – Thursday each week. Aides will be paired up with a teacher for each session they help with. The summer 2023 sessions are as follows:

	<b>M-Th <u>Morning Shifts</u></b>	<b>M-Th <u>Evening Shifts</u></b>
<b><u>Session 1</u></b>	6/12-6/22 8:45am – 11:45am	6/12-6/22 3:45pm – 7:15pm
<b><u>Session 2</u></b>	6/26-7/6 (No class 7/4) 8:45am – 11:45am	6/26-7/6 (No class 7/4) 3:45pm – 7:15pm
<b><u>Session 3</u></b>	7/10-7/20 8:45am – 11:45am	7/10-7/20 3:45pm – 7:15pm
<b><u>Session 4</u></b>	7/24-8/3 8:45am – 11:45am	7/24-8/3 3:45pm – 7:15pm

Volunteers will use BetterImpact.com to pick up shifts for both Jr. Lifeguarding and Jr. Swim Instructors. Shift times can be adjusted. Adjustments can be communicated to the Volunteer Coordinator or Assistant Pool Manager on duty.

For questions or concerns please contact Senior Recreation Program Specialist, Katelyn DiGiosaffatte at 925-931-3435 or [kdigosaffatte@cityofpleasantonca.gov](mailto:kdigosaffatte@cityofpleasantonca.gov)

